



# Joseph the Teen

**HARNESSING YOUR UNIQUE  
ABILITIES TO SERVE GOD**

# Choosing for Yourself

“

Perhaps, then, the way to defeat Satan and to become more like our Father in Heaven is to take charge of our God-given right to control our agency and to use our ability to think and act for ourselves to create the lives we want.

**Carrie Roberts**

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List five things you know are true:

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Is there something you would like to believe or know, but you just aren't sure of yet?

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What is one thing you can do to show Heavenly Father that you are choosing Him?

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A teenager can reckon in a way a child cannot, and upon this abstract reasoning, true faith is built.

**Jeremy and Jerusha Clark**

# Learning to Communicate

Are there any topics you are having a hard time talking about with anyone?

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What is your biggest struggle with prayer?

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Have you ever felt like you have had a prayer answered?

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It is well to know that prayer is not compounded of words, words that may fail to express what one desires to say, words that so often cloak inconsistencies, words that may have no deeper source than the physical organs of speech, words that may be spoken to impress mortal ears. Prayer is made up of heart throbs and the righteous yearnings of the soul, of supplication based on the realization of need, of contrition and pure desire.

**James E. Talmage**



# Finding Belonging

What would it have felt like to be Joseph as a teenager?

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What are some places you feel like you belong?

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What is one thing you can do to create more belonging in your life?

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As humans, we need to belong. To one another, to our friends and families, to our culture and country, to our world. Belonging is primal, fundamental to our sense of happiness and well-being.

**Amanda Enayati**



# Additional Resources

“Take the Holy Spirit as Your Guide” Larry Y. Wilson, April 2018 General Conference

“If You Don’t Like it, Change It” Carrie Roberts, February 12, 2019 BYU Devotional

“Lord, I Believe” Elder Jeffrey R. Holland, April 2013 General Conference

“Spiritually Defining Memories” Elder Neil L. Anderson, April 2020 General Conference

Video: Joseph Smith: Prophet of the Restoration

Rachelle Sorensen

[www.theinspiredteen.com](http://www.theinspiredteen.com)

Facebook: Raising Inspired Teens and Raising LDS Teens

[rachelle@theinspiredteen.com](mailto:rachelle@theinspiredteen.com)

